How can your weekly shop contribute to nutrition research?

Systematic review of electronic sales data in dietary surveillance

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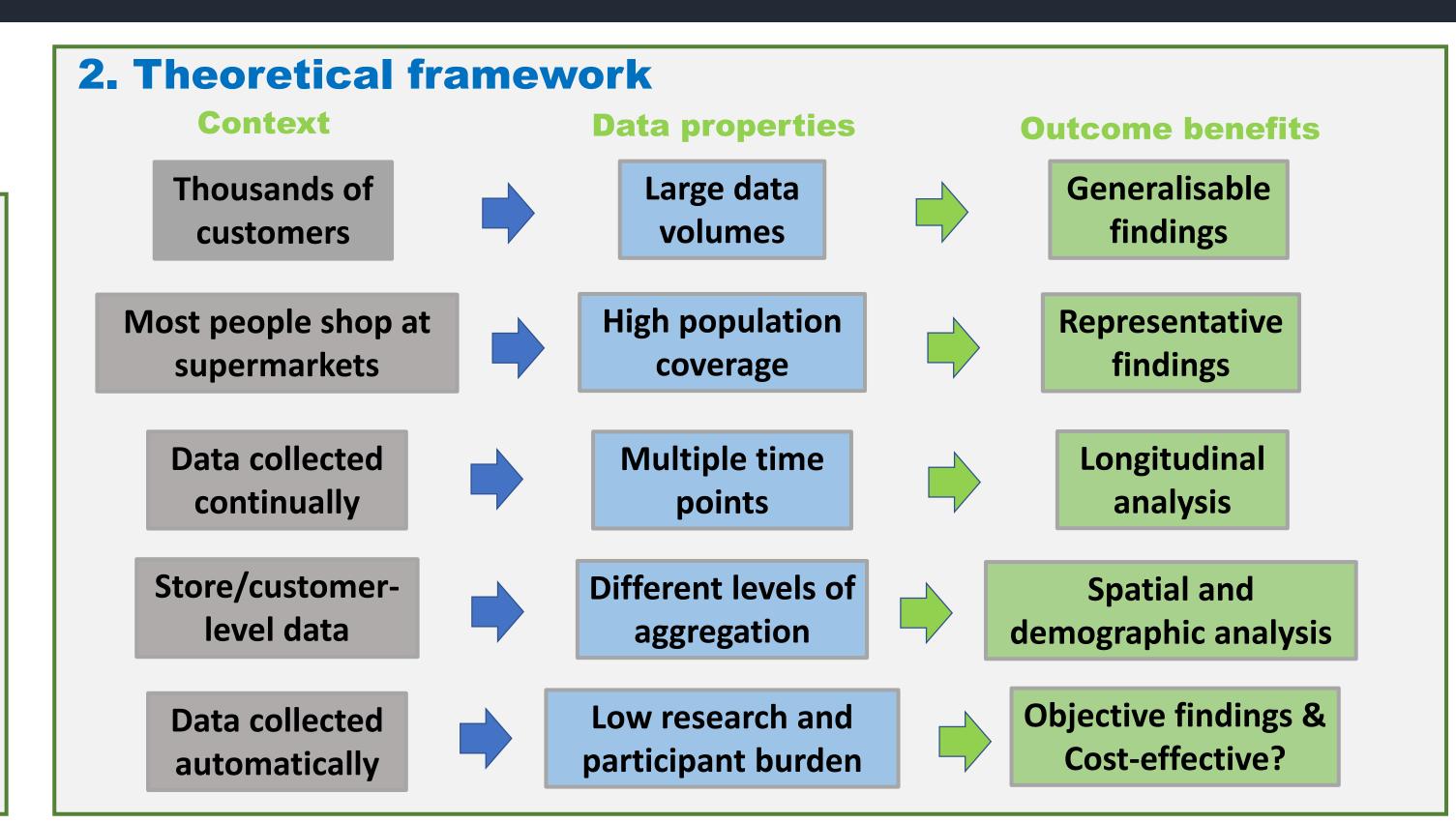
1. Background

Computational advancements have led to:

- Availability of big data, generated as a by-product of our daily lives,
- Improved capacity for data storage,
- Development of **analysis** for large data volumes.

Electronic point of sale (EPOS) captures huge amounts of food purchase data every day.

Retailers use EPOS for market research, but it could prove a useful secondary data resource for dietary research too.



3. Review questions

- Q1 What types of studies use sales data?
- Q2 What **populations** are covered by sales data?
- Q3 What foods/nutrients do they investigate?
- Q4 What methods are used for data linkage, dietary coding and analysis?
- Q5 How does sales data **compare** with self-report?

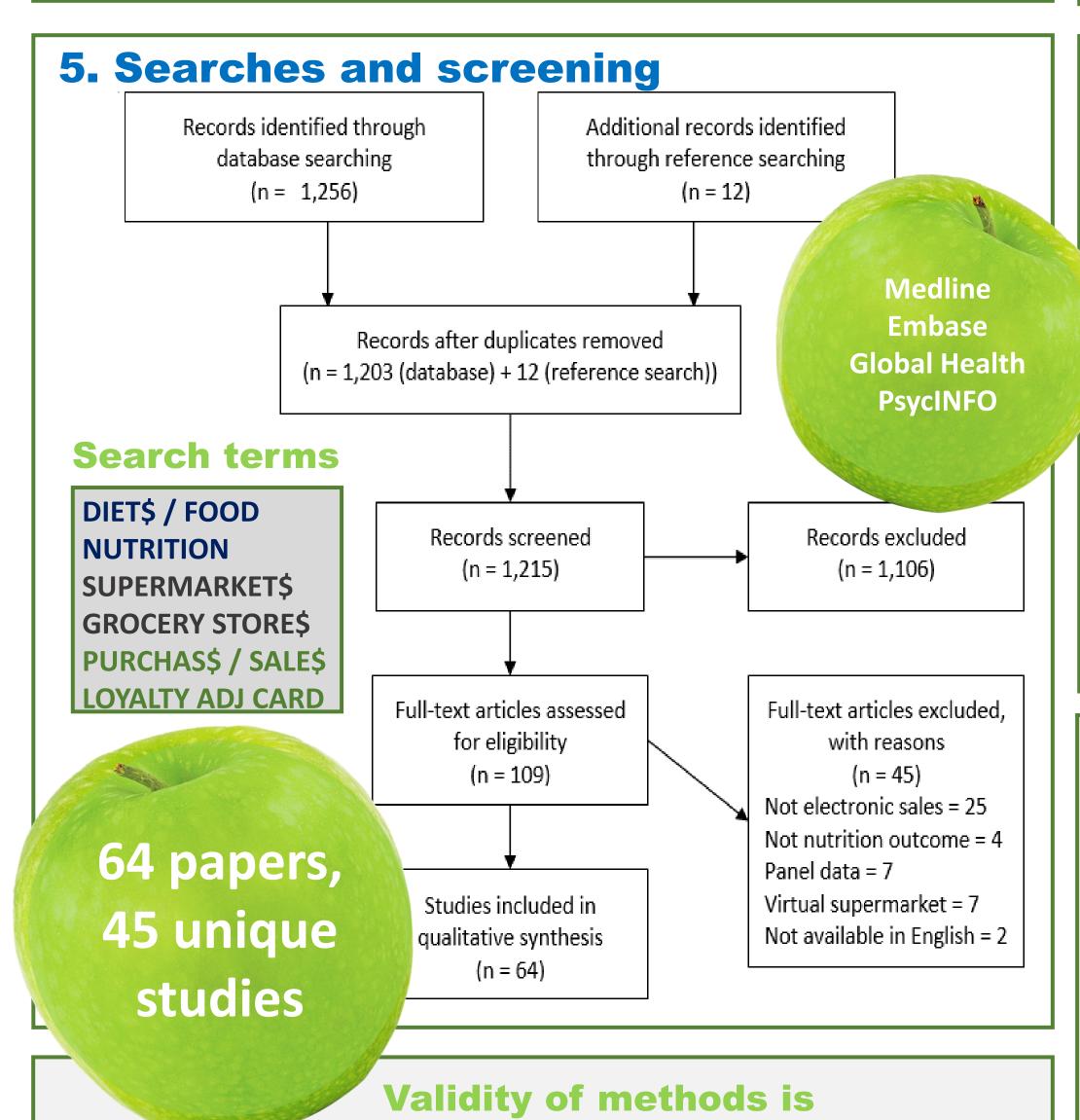
4. Eligibility criteria

Inclusion

- **English** language
- Free-living, healthy adults/households
- **Electronic sales** data
- Dietary outcome, (quantity/expenditure)

Exclusion

- **NOT** reviews
- **NOT** self-reported
- **NOT** paper receipts
- **NOT** market research panel



under-explored

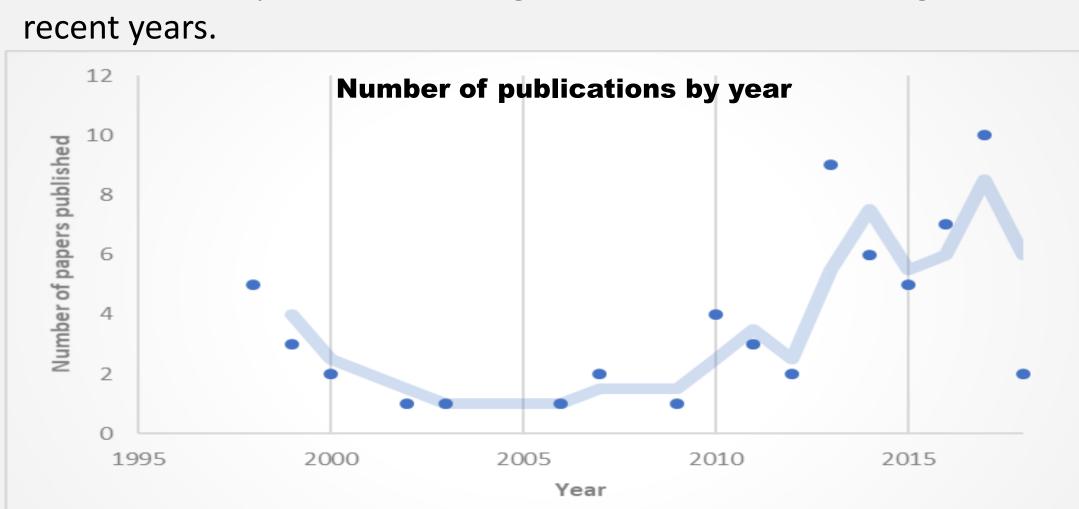
Sales data is commonly used to evaluate policies and behavioural

Only a small number of papers address feasibility and validity of

6. Initial findings Findings for Q1 & Q2 Developed (review ongoing) countries **Distribution of studies by continent** 4 continents 28 **16**

Research interest is growing...

The number of publications using electronic sales data has grown in recent years.







experiments.

methods.